

interstuhl



/ HERO

ENJOY SEATING PERFORMANCE.



# HERO. ADJUSTED TO FIT ALL.

**Hero is a collection of heroes, automatically aligned for everyone.** Heavy, light, big and small people. By and large, a universal talent for everyday heroes. It has invisible technology which is an integral feature of the chair. Hero focuses on each owner individually, regulating its weight, as a result of its unique autofit-synchronous mechanism. From approx. 45 - 120 kg, everyone can fine-tune it how they want. From athletically hard to relaxingly soft, everyone's personal taste is catered for. As perceptive as Hero seems, it is present in its slim-line form. It looks agile and athletic with its slimline figure.



162H / 162HM

Swivel chair,  
upholstered back,  
autofit-synchronous mechanism,  
4D T-armrests (optional),  
black polyamide base




172H

Swivel chair,  
mesh covered back,  
autofit-synchronous mechanism,  
4D T-armrests (optional),  
black polyamide base



265H

Swivel armchair,  
upholstered back,  
autofit-synchronous mechanism,  
headrest,  
4D T-armrests (optional),  
black polyamide base



Swivel armchair with headrest,  
mesh covered back,  
autofit-synchronous mechanism,  
4D T-armrest (optional)

275H

# VARIETY AND INDIVIDUAL DESIGN

Hero is available with upholstered and mesh-covered backrests. An extensive fabric range with a large choice of colours and two mesh colours make a huge selection and individual design possible. The mesh backs provide flexible adjustment to the back in all positions.



162H

Swivel chair, upholstery design,  
autofit-synchronous mechanism,  
4D T-armrests (optional),  
air-pressure lumbar support (optional),  
brilliant silver aluminium base (optional)





172H

Swivel chair, mesh design,  
autofit-synchronous mechanism,  
4D T-armrests (optional),  
seat depth adjustment astiv (optional),  
brilliant silver aluminium base (optional)





The innovative mesh back structure is transparent and opaque with a striped look. In black and anthracite.





Autofit-synchronous mechanism: automatic weight adjustment adjusts the flexibility of the seat and backrest to the individual body weight and provides an ideal seating position and good feeling.



Well-positioning, the fine adjustment for the autofit-synchronous mechanism.





T-armrests, 4D adjustable in height, width and depth, rotatable.



The active seat depth adjustment effectively extends the seating area and thus the seating area for the thighs. The base of the backrest remains unaffected.





Height and depth adjustable air-pressure lumbar support in the upholstery design.



Height and depth adjustable mechanical lumbar support in the mesh design.

Cantilever frame,  
upholstered back,  
with arm pad,  
stackable



550H

Cantilever frame,  
mesh covered back,  
with arm pad,  
stackable



570H



# HERO

## PRODUCT OVERVIEW.



**162H**

Swivel chair,  
upholstered back,  
(armrests optional)



**162HM**

Swivel chair,  
ESD antistatic,  
medium height  
upholstered back  
(armrests optional)



**172H**

Swivel chair,  
mesh covered back,  
(armrests optional)

	1180	1180	1180
Height in cm (approx.)	1180	1180	1180
Plastic colour black	•	•	•
Mesh in black / anthracite	–	–	• / ◦
Black polyamide base	•	–	•
Aluminum base black / brilliant silver / polished	◦ / ◦ / ◦	• / ◦ / ◦	◦ / ◦ / ◦
Tubular steel frame: black / brilliant silver / chromed	–	–	–
Autofit-synchronous mechanism with automatic weight adjustment and fine adjustment	•	•	•
Mechanical sprung column	◦	◦	◦
Seat depth adjustment – Astiv	◦	◦	◦
Adjustable seat inclination	◦	◦	◦
Adjustable lumbar support, air-pressure	◦	◦	–
Adjustable mechanical lumbar support	–	–	◦
Headrest, height and depth adjustable, tiltable	–	–	–
4D T-armrests, adjustable in height, width and depth, rotatable	◦	◦	◦
2D T-armrests, adjustable in height and width	◦	◦	◦
Armrest pad fixed	–	–	–
Double castors hard / soft	• / ◦	• / ◦	• / ◦
Glides hard / soft	◦ / ◦	- / -	◦ / ◦
Felt glides	–	–	–

• Standard ◦ Option – not available



Warranty  
(10 years)



Tested  
safety



Ergonomics  
approved  
(Swivel chairs)



Quality Office



BIFMA  
(special models)



**265H**

Swivel armchair with headrest, upholstered back, (armrests optional)



**275H**

Swivel armchair with headrest, mesh covered back, (armrests optional)



**550H**

Cantilever frame, upholstered back, arm pad, stackable



**570H**

Cantilever frame, mesh covered back, arm pad, stackable

1435	1435	910	910
•	•	•	•
–	• / ◦	–	• / ◦
•	•	–	–
◦ / ◦ / ◦	◦ / ◦ / ◦	–	–
–	–	• / ◦ / ◦	• / ◦ / ◦
•	•	–	–
◦	◦	–	–
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◦	◦	–	–
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–	–	•	•
• / ◦	• / ◦	–	–
◦ / ◦	◦ / ◦	–	–
–	–	◦	◦



Quality produced for the environment



Tested for contaminants

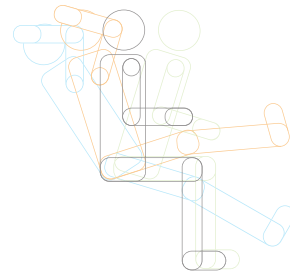


The Blue Angel



Bifma e3 Platinum level

# FUNCTIONS AND ADJUSTMENT FEATURES



## THE NEXT POSITION IS THE BEST.

From the seating specialists. Fact: from an anatomical point of view ergonomics means movement because movement is a critical part of office health. It is a law of nature that effective work processes are one of the most important sources of value-added in the company. Back problems are the greatest causes of absenteeism. A good chair will not heal your back but it is good preventive medicine and eases the pain for those who already suffer. What does an Interstuhl chair do? The patient therapist offers support in each posture. It generates a feeling of well-being in all positions and

brings measurable relief. Naturally, the courage to follow our philosophy of dynamic sitting has meant a break with all the old rules: majestic, immaculate and bolt upright vs. the new philosophy of doing it with gusto, reclining, lounging, looking out the window, concentrating. "You can sit however you want. Just sit on the right chair." Each new product development with leading research institutes reconfirms this and it is substantiated by scientific input. The result: Interstuhl chairs accommodate every posture so ergonomically that maximum support is ensured.



### 1. AUTOFIT-SYNCHRONOUS MECHANISM

The tension of the backrest takes place automatically by weight and size of the user and can be finetuned.



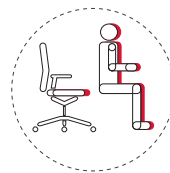
### 2. MECHANICAL SPRUNG COLUMN

This ensures that the spine, which is very sensitive to vertical jolts, is not subjected to excessive loads when sitting down, even at the lowest seat height.



### 3. ADJUSTABLE SEAT INCLINATION

Multiple adjustment of the seat in a forwards direction stops the pelvis from tilting back. This relieves the spine and avoids a poor posture.



### 4. SEAT DEPTH ADJUSTMENT – ASTIV

Regulates the distance between the backrest and front edge of the seat, thus providing optimum support for the upper thighs; even for taller users. When adjusting the astiv setting, the back remains in the same position.



### 5. ADJUSTABLE LUMBAR SUPPORT

The horizontally adjustable lumbar support adapts to the individual curve of the lumbar spine; this reduces the muscle strain.



### 6. HEADREST

The neck and shoulder muscles are relieved by the headrest when you lean back.





**Product-Design: Gerhard Reichert,  
Eckard Hansen © interstuhl.**

“Design originates in the concept, it’s the idea that makes the difference. The principle is minimalism. Transferred to our Hero project this means ergonomics in conjunction with easy operation.

Gerhard Reichert

Reichert Design works on product development and the design of objects and systems. His design should build bridges between tradition and modern life and unify form and function. The product development takes place from a single source. With a network of designers, engineers and architects, he can build the best team for any job.

Eckard Hansen

Today, the Mettman-born engineer manages Swiss Design in Switzerland. Many of his patents and copyrights have been nationally and internationally protected. To date, he has received wide variety of awards of good design from the design centres.

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